



# The Whitlock

An Independent Living Community

## A Better Place for Mom and Dad

Norm likes the peace and quiet. Shirley likes the games and Bible studies. Sara says the staff is great and makes sure everyone feels at home. Rod says his daughters like having him nearby. Ruth appreciates the delicious, homemade meals provided by the staff. Andy feels safe and is grateful to enjoy his independence. Eleanor enjoys friendships with other residents and likes to help others. They're family in every sense of the word.

The Whitlock provides comfortable, private apartments, homemade meals, and opportunities for residents to develop the mind, body, and spirit. It employs an administrator to head operations, kitchen staff, maintenance, and activities.



The Whitlock maintains a welcoming and safe environment for its residents and is excited about recent improvements. They include:

- New flooring in the Gathering /dining room areas.
- New breakfast / snack nook cabinetry, refrigerator, microwave.
- Security cameras and lighting

Other projects are underway and planned for completion when funds become available:

- **Outdoor Walking Path.** There is so much pleasure walking outside on a gorgeous day! It's good for everyone to get fresh air and exercise. The residents like taking walks along the path created for just such a purpose. They have often expressed the need for the walking path to be extended



so they can return without walking in the grass. Recently, while the weather was still ideal, concrete workers have poured the additional walkway, which will measure a full one-quarter mile.



- **Indoor Window Coverings:** The west wall of the Gathering, dining and visiting area is a complete bank of floor-to-ceiling windows. The old draperies have been removed and will be replaced with solar shades. In this season, when the sun directly shines in from the west, the need is evident. This project is on hold until funds are available to cover the costs.

These and other improvements cost more than rents can supply. In our efforts to keep rent affordable, we rely on the kindness of individuals and businesses for financial support. Please feel free to visit The Whitlock and learn more.

Contributions may be mailed to The Whitlock at 515 S. Whitlock St., Bremen, IN 46506. You may designate the project you wish to support, if desired. The Whitlock is a non-profit organization, 501 (c) (3) business operated by the Michiana Benevolent Society and managed by a Board of Directors.

Your family is our family. Your generosity makes a difference and is gratefully appreciated. ☺



# Whitlock Who's Who

**Introducing: Cindy Main**  
**Member, Board of Directors**

In her third year on the Board of Directors, Cindy brings to the table her expertise in human resources. "Ann Holmes and I had sat on the Boys and Girls Club Advisory board for many years together. After meeting the Whitlock Board, staff and residents, I was certain that joining was the right choice for me.

I like the idea of helping people remain independent while living in a community where they can interact daily and enjoy their golden years. I believe we enrich lives by improving the programs offered and demonstrating to the residents that we care about each of them individually. I believe the Whitlock community is second to none."

A Bremen graduate, Cindy obtained her organizational management degree focusing in human resources from Bethel University (formerly Bethel College). "God gave me a heart to serve others and that's why I selected human resources. I've been in this field for 18 years. Most recently I was the director of human resources at Indiana Carton for eight years. I've been able to positively impact lives through my career."

Cindy was instrumental in initiating the annual resident Christmas party. "Ann and I had discussed ways for Indiana Carton to partner with the Whitlock. I was fortunate to participate on the philanthropic committee at Indiana Carton and we developed the Secret Santa program to benefit both the residents at the Whitlock and the employees of Indiana Carton."

Recently Cindy changed careers and is now owner of her own insurance agency, licensed in Indiana and Michigan. "I advise people concerning their health care insurance needs and am qualified to assist with Medicare, Affordable Care Act options, short-term medical, supplementary insurances, long-term care, and life insurance. I enjoy the freedom that my new career gives me, allowing me time to serve at church, sit on boards and interact with my clients."

>>continued>>

The Whitlock  
An Independent Living Community  
**Tours Available**  
574-546-4765

## Coming soon!

**4pm, September 18:** End of Summer Ice Cream sodas

**10am, September 20:** St Paul Preschool Visit

**October 8:** Southwire Project GIFT. Details to be announced.

### Who's Who continued...

Cindy is married to Brady and they have two children. Daughter, Chelci is a police officer in Lafayette, and son, Gavin is a sophomore at Bremen High School. Gavin volunteered as a "runner" at the Whitlock Fish Fry last November.

"We have family in Florida, Georgia and North Carolina and intend to spend time in those states. I'm also a huge college football fan. I enjoy watching Notre Dame games. And I've been blessed to be able to attend home football games for the last 15 years. Most of our fall is spent at those games or watching on TV." ❧

Serving the Bremen community for over 70 years.  
Free grocery delivery to Whitlock residents.  
**546-4691**

First Federal Savings Bank  
LENDER FDIC

Miller Insurance Group  
109 W. Plymouth St.  
Bremen, IN 46506  
Ph: 574.546-3341  
Fx: 574.546-2687

## The Whitlock Board of Directors

### OFFICERS:

- ◆ Trevor Mikel, President
- ◆ Sharon Bohannon, VP
- ◆ Nancy Philabaum, Sec'y
- ◆ Susan White, Treasurer

### ADMINISTRATOR:

- ◆ Steve Wirgau

### BOARD MEMBERS:

- ◆ Jackie Bahr
- ◆ Chad Berger
- ◆ Virginia Henke
- ◆ Janet Holderbaum
- ◆ Ann Holmes
- ◆ Loretta Huff
- ◆ Keith Kline
- ◆ Krista Klockow
- ◆ Cindy Main
- ◆ Charles Sauter
- ◆ Judy Taelman



# September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 	2 <i>Happy Labor Day</i> 10:30a Exercise 2p Trivia 6p Bingo	3 2p Devotions	4 🌸 11a Walk on Wednesday	5 10:30a Exercise 6p Games with Liz	6 10:30a Exercise <i>7p Golden Memories Orchestra</i> 	7	
8	9	10	11  🌸 11a Walk on Wednesday 2p Games with Jane	12	13	14	
15	16	17	18	19	20 <i>10a * St Paul's Preschool Visit</i> 10:30a Exercise	21	
22 <i>Autumn Equinox (summer to fall)</i>	23	24	25	26	27	28	
29	30		11 <i>Jane Huff</i> 14 <i>Andy Albert</i> 15 <i>Doris Nemeth</i> 21 <i>Sara Felabom</i>				