



The Whitlock

An Independent Living Community



Trivia lightens up January

What do *Mary's Team*, *2 Babes*, *Rockin' '90s*, and *Old Coots* have in common? Team Trivia! Once again, the Southwire Company's Project GIFT members blessed the residents by spending time and creating a fun evening.

The Southwire folks brought Subway meals and challenging Trivia questions from the 1930s to 1960s eras to ponder. Can you answer this? In 1968, the TV show, "Laugh-In" debuted and one of its stars became known for what phrase that was also uttered on the show by then presidential candidate Richard Nixon. What was the phrase? "Sock it to me!" The residents had fun and probably learned some things they had forgotten!

Jodie Overmyer from Project GIFT said they will come back. "Let us know what trivia categories you would like to play, and we will bring it." The Whitlock family truly appreciates these visits and the support of the Bremen community. 🌿

Meet Eleanor *Resident of the Month*



Eleanor Siminski just can't help it. Others call her an angel. When she learns of a need—groceries, doctor appointments, someone to talk with—she will pick up and deliver what they want, take them to their appointments and sit for a chat.

"After I lost my husband more than 23 years ago, I needed something to do," Eleanor said. "I am active in my church, was president of a couple of clubs and just started helping others as needs arose."

Eleanor was born in Gary, IN, and after their marriage, the Siminskis lived and raised their children in Merrillville. "My husband worked at the U.S. Steel mill and I eventually got a job there in payroll," she said. They have a daughter, Andrea Derney and two sons, Jim and Tom. Andrea lives close to the Whitlock and is a nurse at Bremen Hospital. Jim is a pulmonary critical care doctor in Texas and Tom is director of the nursing school at University of California. Eleanor has six grandchildren.



In 2013, Eleanor was an active parishioner at Our Lady of Sorrows Catholic Church in South Haven, IN. One day, while walking the parish grounds, she saw that the Blessed Mother statue looked terrible and neglected. She asked the Father if she could do something. With his encouragement, she began by patching and painting the statue of St. Therese. She painted to the way it was before, but felt the face needed to be left untouched. "God guided me," she said. An article with the photo

(above) showing St. Therese was published in a local Catholic newspaper about Eleanor's newfound passion. She has lovingly restored several statues.

Eleanor became ill, was hospitalized and cared for later by the nuns at The Center at Donaldson. When she recovered a year ago, her daughter Andrea suggested she move to The Whitlock. Eleanor says, "I felt lonely at first but started a garden, and soon found myself making friends." She loves Bingo and enjoys the special education students who come to visit. "Now, this is my family." 🌿

Whitlock Who's Who

Trevor Mikel, Board President

When Trevor was 5 years old, he realized The Whitlock was a special place. "My Mom would visit folks and as the youngest child I got to go along. I would explore the resident's apartment, look at their pictures, books, letters and cards. I enjoyed listening to their stories of when they were my age. They always made me laugh. I remember having spaghetti at lunch once, and I got to eat as much garlic bread as I wanted!"



Trevor delightedly accepted the call to join the Board four years ago. "It is one of my church's (First UCC) missions and I want the residents, family members, and staff to have no worries about the day-to-day details of life. Our local community is truly blessed to have such a special place like The Whitlock. I invite everyone to visit and take advantage of this incredible community asset."

Trevor earned his BS degree in sales management from Purdue University. He works in the biotech pharmaceutical business, presently at Sanofi-Genzyme. "Our focus is helping people with rare diseases, multiple sclerosis, immunological diseases, cancer, and more. My position title is National Director of Federal Markets. Which is a fancy title for – I help our veterans, members in our armed forces and their families, and our Native Americans get the medicine they need. I love what I do, but because of the crazy travel I am unfortunately away from my family too much."

"I am blessed with a beautiful, loving wife, Maria. We have been married 25 years and have two incredible children, Grace (14) and John (11). We lost a son Benjamin 17 years ago. He is with God now. Of course, I can't forget our dogs, Lady and Wrigley. The entire family loves to travel. I enjoy reading everything, running, movies, and family time. My favorite city is London, and a place outside the U.S. where I could live is Florence, Italy." ~

WHITLOCK ANNUAL MEETING

**SUNDAY MARCH 11, 2018. OPEN TO
CHURCHES, RESIDENTS, FAMILIES**

Have an "Aww" moment at AG Day

Friday, February 23, 11 The FFA students invite folks to **FFA annual AG DAY at Bremen High School.** Walk or drive



down. See the projects created by the students and explore the "barnyard" with all sorts of baby animals, including a variety of chicks, goat kids, calves, lambs, colts, and more.



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An Independent Living Community

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February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1			1	2	3
				10:30a Exercise 6p Games with Jane	10:30a Exercise 	
4	5	6	7	8	9	10
	10:30a Exercise 2p Senior Trivia 6p Bingo	11:15a Blood Pressure Clinic 2p Devotions	2p Games with Jane	10:30a Exercise 6p Games with Jane	10:30a Exercise Golden Memories Orchestra 	
11	12	13	14	15	16	17
	10:30a Exercise 2p Senior Trivia 6p Bingo	2p Devotions <i>Fat Tuesday</i>	2p Games with Jane Ash Wednesday <i>Happy Valentine's Day</i> 	10:30a Exercise 6p Games with Jane	10:30a Exercise	
18	19	20	21	22	23	24
	10:30a Exercise 2p Senior Trivia 6p Bingo 	2p Devotions	2p Games with Jane	10:30a Exercise 6p Games with Jane	10:30a Exercise <i>11a AG Day at Bremen Schools</i>	
25	26	27	28			
	10:30a Exercise 2p Senior Trivia 6p Bingo	2p Devotions		<div data-bbox="1289 1289 1801 1446" style="border: 1px solid gray; padding: 5px;"> <p><i>Carol Carl (8), Melissa Leonard (18), Billie Schrock (18), Ruth Whaley (18)</i></p> </div> 		